

Curriculum vitae



Dr. Islam Mohammad Abbas

Personal Information:

Place/Date of Birth	Nablus 11/3/1980
Nationality	Jordanian / Palestinian
Mobile Phone	+972 569.90.1000
Email	islamabbas14@gmail.com Islam.abbas@aaup.edu
Specialization	Physiology of Sport Training Basketball Handball
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Work Experience:

- Basketball federation at Palestine Olympic Committee (Oct.2018 till Oct.2020)
- Arab American University, (Aug.2017 Till now)
 - Assistant professor, Department of Sport science
 - Dean's For Sport Science Faculty (Aug.2021 – Present)
 - Dean's Assistant For Sport Science (Aug.2020 – Aug.2021)
 - Head of sport science department (Aug.2017 – Aug.2018)
 - Scientific Research Ethics Committee Members
- BirZait University (2015 – 2017)
 - Lecture, Department of Sport science
- Former Basketball National Team of Jordan
- Institutional Review Board Member (IRB)

Last up Date 10/05/2023

Education:

- PhD in Philosophy of Physical Education, Jordan University (2015 – 2017)
 - Dissertation: The Effect of Cross Training on Some Physical Skills and Physiological, Variables on Some Basketball Player in Palestine
- Master in Philosophy of Physical Education, Jordan University (2002 – 2005)
 - Dissertation: The Effects of Mental Imagination Along with Training Program on Learning Some Fundamental Basketball Skills for 14-16 Years-old
- Bachelor in Physical Education. Najah University (1998-2002)

Personal Skills:

	Understanding	Speaking	Writing
Arabic		Mother tongue	
English	Good	Good	Fair
Leadership skills		Enterprising	
		Team player	
Computer skills	Microsoft Office (Word, Excel, Power point) SPSS (Statistical Package for the Social Sciences)		

Academic Related Outputs

Publications

¹A'mir,O. ²Almobasher,Z. ³Abbas,I (2023).” **Health-Related Physical Fitness and its Relationship to the Level of Academic Achievement among A Sample of Secondary School Students in the City of Amman**”. International Journal of Membrane Science and Technology (IJMST). 10 (2)

Abbas, I (2022). “**The contribution of anthropometric, physical and physiological measurements in the jump shot accuracy for Palestinian First division league basketball players**” Journal of the Arab American university. 8 (1), 30 – 57.

Abbas, I. (2021).” **Evaluation Study of the Physical Condition of Sports Sciences Faculty Students at the Arab American University During the COVID-19 Pandemic**”. International Journal of Innovation, Creativity and Change Journal, 15 (4), 929 – 946.

¹Abbas, I. ²Nusir, F. (2020). “**The degree of applying the thinking skills in teaching physical education in public schools in Palestine from the perspectives of teachers of physical education themselves.** Journal of Palestine Technical University, 8 (4), 61 - 73

¹Abbas, I. ²Nuseir, F. (2019).” **Mental Rigidity and its Impact on the Competitive Behavior of the Jordanian Basketball Team**”. Jordanian Educational Journal, 4 (2), 265 – 288.

Abbas, I. (2019). “**The effect of cross training on some physical skills on some basketball player in Palestine.** Journal of physical education sciences. 12 (7). University of Babylon

Conferences “**Moving towards the dimension of athletic excellence among students participating in sports teams at Jedara University and its relationship with some variables**”, A conference paper presented in 3th Future Educational visions and aspirations (entrepreneurship and creativity) 21 – 23 May. Jadara University Irbid Amman,

“**Building a mental toughness scale for self-defense players**”, A conference paper presented in 2nd international scientific for sport and health sciences 22 – 24 July 2019. Mu’tah University, Mu’tah. Jordan

“**Exams anxiety and its relation to the academic achievement of postgraduate students at the Faculty of Physical Education/ the University of Jordan**. A conference paper presented in 9th international conference, sport and modern city, 8 – 9 October 2019, Yarmouk University, Irbid, Jordan

The effect of cross training on some physical skills on some basketball player in Palestine. A conference paper presented in 1st scientific conference for sports science, 18 – 20 July Bangkok, Thailand

Master's and PhD thesis discussions

Author name	Thesis Name	Stage	Discussion Date
Yahya Sous	The transformational leadership and its relationship with the effectiveness of decision making at Palestine sport federations	Master	11/2020
Nora Al-rozeh	The level of knowledge of basic motor skills and the prevention of sports injuries among female trainers of fitness centers in Nablus governorate	Master	9/2022
Yousef Darwesh	The effect of cross-fit training in change curve of body composition, bone mineral, bone density, and muscle strength on group of female fitness players	Master	7/2021
Ali Zyoud	Modern teaching strategies and thir relationship to the performance of physical education teachers	Master	8/2022

Teaching expertise

Course Name	Level of Student
Physiology Of Sport And Exercise	Undergraduate
Statistics In Sports Science	Undergraduate
Athletic Nutrition	Undergraduate
Introduction to physical education	Undergraduate
Health education and first aid	Undergraduate
Basketball	Undergraduate
Handball	Undergraduate
Small Games	Undergraduate
Tennis Games	Undergraduate

Experience

Jordan National Team
World cup. Turkey 2010
King Abdullah II Basketball Cup, 1 st Place, 2004, Amman
Asian Games Basketball – Men 3 rd Place, 2006, Qatar
King Abdullah II Basketball Cup, 1 st Place, 2007, Amman
Arab Basketball Cup, 1 st Place, 2007, Egypt
11 th Arab games, 2 nd Place, 2007, Egypt
William Jones Basketball Cup, 1 st Place, 2008, Taiwan
Asian Basketball Elite Championship (Stankovic Cup), 1 st Place, 2008, Kuwait
Arab Basketball Cup, 2 nd Place, 2009, Tunisia
Asian Nations Basketball Championship, 3 rd Place, 2009, China
Asian Nations Basketball Championship, 2 nd Place, 2011, China

Clubs

Professional player with Northeast Tigers 2010 -2011, China

Professional Player with the Arena 2003 -2007, Jordan

Professional Player with the Al Wehdat 2001 – 2003, Jordan

17th Fiba, Asia Champions Cup, 1st Place, Kuwait 2006.

Professional Player with Zine Club (Fast link) in 19th Fiba, Asia Champions Cup, Kuwait 2008.

Arab Club Tournament, 1st Place, 2008 , Amman

Personal Achievement

Palestinian League top Scorer, 1998.

3 Times Most Valuable Player In Jerusalem International Tournament, Baghdad

1 Time Most Valuable Player in Damascus International Tournament, Syria.

Best rebounder & third best scorer in Jordanian league 2003/2004

Top Scorer in the Pan Arab Tournament for universities, Amman 2004.

Most Valuable Player in West Asia Tournament One Time Jordan 2008.

Best Arab Player 2007 According to site sport4ever.com
